

# NRSG2250: Behavioral Health Nursing

**Credit Hours:** 2.5

**Clock Hours:** 30/0/35

This course focuses on the nursing process and care of clients across the lifespan who are experiencing cognitive, mental, and behavioral conditions while maintaining therapeutic communication. Emphasis is placed on the management of clients facing emotional and psychological stressors and/or addiction issues. Promoting and maintaining the mental health of individuals and families is also considered. Concepts of crisis intervention, therapeutic communication, anger management, and coping skills are integrated while reducing risk potential throughout the course. The community as a resource for care and support services is addressed. Clinical experiences provide students opportunities to apply theoretical concepts and implement safe client-centered care to clients with mental health issues in various settings.